

**Health & Physical Education (K-12)
Gardner Webb University**

Competency A minimum of two (2) semester hours is required to fulfill each of the following competencies unless otherwise noted.		Course Prefix & Number	Course Title	Course Offerings
A	Foundations, Principles, & Practices of Physical and/or Health Education	PHED 211	Introduction to Health, Sport and Physical Education	
		HLED 226	Health Education for the School Health Educator	
C	Human Biology, Anatomy, & Reproductive Health	BIOL 101	Human Biology	
		BIOL 203	Human Anatomy & Physiology I	
D	Fundamental Motor Skills & Movement Forms	PHED 235	Motor Learning	
		EXSI 355	Kinesiology	
E	Sports, Physical & Leisure Activities	PHED 341	Theory and Techniques of Team Sports	
		PHED 342	Theory and Techniques of Individual and Dual Sports	
F	Healthy Behavior, Fitness, & Obesity Prevention	HLED 221	Dimensions of Personal Health	
		PHED 311	Healthful Living	
G	Health Education & Promotion	HLED 320	Comprehensive Health Education	

Posted: 9/9/2018
Revised: Fall 2018

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand
e=even years, o=odd years, ^=online

Course typically offered **on campus** if shaded.

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, <http://gardner-webb.edu/>.